

Case Study with the
AMI 500 Female Vital Life Force Channel

This study was performed over a four week period with the **AMI 500** device, utilizing **Channel Four for Female Vitality**. The subject, a 50 year old woman, presented herself for testing at a complementary medicine physician's office in Chicago, Illinois.

A pre-study assessment was made with the VedaPulse device to measure her energy levels, HRV, stress and inflammation indices, and the potential effect the therapy would have on the functionality of the major systems in her body, to include: reproductive, respiratory, digestive, immune and cardiovascular.

During the initial interview to discuss her health history, she reported a marked decrease in her energy levels, which had become chronic. She attributed it to the following:

sleeplessness, emotional stresses, (both at home and at work), being in the beginning stages of menopause, and an unhealthy diet of eating food she had shown allergies to—all of which resulted in decreased productivity at her job and with at-home responsibilities.

She felt these issues were causing further distress by creating unfulfilling relationships in her immediate circle of family and friends. She also reported a lack of interest in having an intimate relationship with her life partner. She expressed a feeling of depression that seemed to be accelerated as she observed what was happening in the world. Her health history revealed chronic candida and urinary tract infections. However, she reported that she was unaware of any infections at the time of the study. Some of the symptoms, (such as sleeplessness), she was experiencing she attributed to the onset of menopause. She was not on any medications, nor taking any natural health supplements or remedies.

Study Instructions:

She was given an **AMI 500** device to take home for daily use during the four week study and instructed to do each thirty-minute session as consistently as possible during a morning time slot. She utilized the specific directions for the **Female Vitality Channel**, which included the **Cyma Technologies "Three Point System,"** to administer the sound frequencies to her body.

For **Channel Four**, the instructions begin with the placement of the device at the solar plexus and then alternating between it and the other exact placements of the device two inches below the waist, on top of the hip bone, on the right and left side. The device was to be moved to each specific placement for the duration of the thirty-minute channel, at approximately three minutes per area.

The subject reported to the physician's office at the onset of the study for a pre and post VedaPulse reading, before and after her first session with the **AMI 500**. She was given a device for daily at-home use, but returned to the physician's office once per week for VedaPulse assessments.

The following are the VedaPulse readings from the initial visit and the final visit of the four week study, in the following categories:

Energy Level Normal Readings are 1500-3000

First reading pre-AMI 500 session 501 Final Reading 1313

*Low readings in this category can suggest that there is a decrease in vital energy or nutritional insufficiency.

Metabolic Stress Normal Reading 0-25

First reading pre-AMI session 31.4 Final Reading 12.9

*Elevated readings in this area indicate high stress levels and the detox systems in the body need more time and resources to help excrete toxins; it can indicate signs of intestinal dysmicrobial cenosis, (disruption of the normal microbial system), resulting in the immune system being stressed due to persistent infection and interruption of healthy metabolic functions.

Immuno-deficiency Normal Reading 0-25

First reading pre-AMI session 61 Final Reading 50

*High reading can indicate inability of the immune system to adapt to challenges and possible cellular cytotoxicity (can cause cell death or inhibit healthy cell growth).

Rate of Aging Normal Reading 25-50

First reading Pre-AMI was 52.9 Final Reading 35.9

*High reading generally indicates inability to handle stress.

Inflammatory Threshold Normal Reading 25

First reading Pre-AMI was 37 Final reading 25.9

*High reading suggests potential exacerbation of disease potential due to cellular inflammation.

Reproductive System Normal Reading 25

First reading Pre-AMI was 72.6 Final Reading 41.3

*Elevated reading indicates abnormal hormone balance and high bacterial vaginosis or candida.

Endocrine System Normal Reading 25

First reading Pre-AMI 50 Final Reading 37.1

*May indicate abnormal thyroid and adrenal function.

Stress Level Normal 200 and below

First reading Pre-AMI 320 Final Reading 133

*Indicates ability to handle stress.

Cardiovascular System Normal 25

First reading Pre-AMI 53 Last 30

*Elevated number indicates risk of developing heart disease.

Gastrointestinal System Normal 25

First reading Pre-AMI 66 Last 36.7

*Elevated numbers could indicate bacterial overgrowth syndrome or milk intolerance.

Urinary System Normal 25

First reading Pre-AMI 60 Final 36.7

*Elevated numbers indicate risk of infection.

Neuro/psych disorders 25 or below is normal

First reading Pre-AMI 67.4 Final 44.2

*Elevated numbers indicate long-term chronic stress or negative emotional patterns.

Detoxification 25 or below is normal

First reading Pre-AMI 65 Final reading 40

*Elevated numbers indicate inflammation in the detox pathways.

Key clinical highlights:

- Energy Level increased ~162%
- Metabolic Stress reduced ~59%
- Stress Level reduced ~58%
- Reproductive System reduced ~43%
- Cardiovascular reduced ~43%
- Most systems improved between 25–45%

Research Physician statement:

This subject showed improvements in all categories relating to vital energy increase, emotional/mental health, reduction of stress, immune system function and the urinary and reproductive system health. The recommended protocol by Cyma Technologies is a full six weeks of daily use. This subject completed a four week, daily protocol to achieve the success noted. It is this physician's opinion that if she had been able to complete a full six week protocol, further Improvements would have been shown and she would have potentially returned to within normal range on some of the other categories that still reflected challenges.

Given her health history, of chronic urinary/vaginal/bacterial and candida infections, it was not surprising that her body showed that it was still fighting low grade infections. These kinds of infections are known to lie dormant, until there is high level stress which can have a negative impact on the immune system function, as indicated by her readings.

There were many indicators that the stresses she listed were having an impact on the various systems of the body. Her tests showed that she had problems with detoxification pathways, often caused by stress. Her cardiovascular numbers were within the range of the potential for heart disease to develop, also commonly witnessed with high levels of stress. The chronic infections of

her reproductive and urinary systems were showing improvements, but still needed adjustment due to high stress and inflammation levels.

Her hormone levels had changed, but still needed improvement, which would contribute to healthier emotional responses and improved energy levels.

Subject's statement:

When I heard of the study, I had reached a low point in my life. It was hard for me to imagine that I could do anything to change the way I felt. The first week I used the **AMI 500**, I kept falling asleep, which seemed odd to me, since I thought the therapy was supposed to increase my vitality. I later realized my body needed to be cared for first, and benefit from some of the healing frequencies before I could have my natural energy back.

After the study, it was explained to me that the device helps all your organs by bringing vital energy back to your body through the meridian pathways. I had not heard of this before, but I was willing to try it. By the second week, I felt I had enough energy to resume some of my life responsibilities. I knew I needed a different perspective on how bad my life was. I did sleep through the night once or twice, but at least I was handling my fatigue level better.

By the third week, I can only say that I began to feel more like myself and was starting to remember the energy I used to have. My friends and family remarked that I seemed to be feeling better and they were ready to engage with me more because I wasn't so negative.

I knew I had been eating things that weren't good for me and I began to sort out my diet. An important thing I realized was that my body image was contributing a lot to my emotional distress.

During the fourth week, I was reaching out to people at my job and being much more helpful. I had the energy to work and then still go home and interact with my loved ones. I was unable to complete the study, due to work/travel obligations, but I was so grateful for the experience I did have. I was able to remember what it was like to have my natural energy back and see that it was still possible. I am taking into consideration my stress levels and my outlook on the world, which I now see was taking a toll on my health.

When the doctor gave me the report following the study, I was relieved to see that there was a possibility to regain my health. I became aware of how my stresses were taking a toll in many areas. I had started to believe that aging was stealing my vitality, when in fact, there are many things I could have been doing to slow down the aging process, if I had taken time to focus on my health. I am now taking stress level into consideration and my food choices as well. I hope to resume the AMI 850 therapy at a later time. I felt it was very beneficial to my health, relationships and overall well-being.

Dr. Cromwell's statement:

One of the most important aspects of this study was the participant recognizing how dramatically her emotional state was affecting her physical health. When we interview people who say they have lost their vitality, we always begin by asking if they know what is stealing it. The well-known thieves are high stress, bad food choices, unhealthy relationships, poor body image and a feeling of disconnect with the natural world.

While the Male and Female Vitality channels on the AMI devices were patterned to create energy, they need the partnership of the person who is hoping to return to their natural state of being. The channels on the device will always provide health-giving benefits, but they become highly effective when each person takes responsibility for their choices and is willing to look at what is causing disturbance in their body.

When I created the Vital Energy Channels for men and women, I spent time researching what were the potential causes of depletion of their natural healthy energy. I was interested in finding solutions for the challenges that were creating an energy decline in physical, emotional and spiritual aspects of our modern society. This female vitality study, while incomplete with only four weeks, was still very significant in the improvements reflected in many areas of the subject's life. When the subtle energy fields are in deficit, then negativity easily accumulates. This leads to a decline in human relationships, along with mental and emotional health.

Even with a partial four week study, the client remarked that she saw signs of being able to regain a natural vitality she once knew. The **AMI** device offers many channels for health and vitality improvement. Many people, even those who suffer from chronic illness, find that aspects of their health, seemingly unconnected to the channel they are using, begin to improve. This is due to the fact that all the channels bring energy to multiple layers of our being, each time the device is used.

We greatly appreciate those who participate in our preliminary studies. Their contribution helps us with many future discoveries in the world of sound healing.

*VedaPulse is a diagnostic system using HRV technology and principles of traditional pulse analysis. Collected data can determine pre-disposition to illnesses and make recommendations for prevention; provides quantitative real time assessment of a person's functional state and stress levels.